

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>						
Assorted Doughnut Fruit Cup Yogurt Peach Slice	Hard Boiled Egg Wheat Toast Butter Butter & Jelly Orange Wedge	Egg & Cheese on Toast Melon Slice	Pumpkin Pancakes Sausage Peach Slice	Scrambled Eggs Biscuits & Gravy Powder Sugar Garnish	Western Omelet Wheat Toast Butter Butter & Jelly Orange Wedge	Waffles with Fruit Sauce Butter & Syrup
Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
Assorted Juices 8oz Milk	Assorted Juices 8oz Milk	Assorted Juices 8oz Milk	Assorted Juices 8oz Milk	Assorted Juices 8oz Milk	Assorted Juices 8oz Milk	Assorted Juices 8oz Milk
<b>LUNCH</b>						
Sweedish Meatballs Egg Noodles Buttered Peas Roll & Butter	Pepperoni Pizza Side Salad	Roast Pork Roasted Apples & Pears Sweet Potato Roll & Butter	Turkey Chilli in a Bread Bowl Ceasar Salad	Veal, Peas & Mushrooms over Wholegrain Pasta Garlic Bread	Fried Clams & Shrimp Platter Rice Cocktail & Tarter Sauce Buttered Broccoli Roll & Butter	Meatloaf with Mushroom Gravy Mashed Potato Carrots Roll & Butter
Banana Pudding 4oz milk	Fruit Cup 4oz milk	Chocolate Pudding with Whipped Cream 4oz milk	Assorted Ice Cream 4oz milk	Cinnamon Apples 4oz milk	Banana Bread Pudding 4oz milk	Peach Crisp 4oz milk
<b>Alternate Choice:</b> Stuffed Cabbage Mashed Potatoes Carrots	Breaded Chicken Mashed Potatoes Green Beans	Veal Parmigiana Pasta Broccoli	Chicken & Dumplings Green Beans	Cheese Burger Potato Chips Carrots	Oven Roasted Chicken Mashed Potatoes Green Beans	Baked Fish Mashed Potatoes Wax Beans
<b>DINNER</b>						
BBQ Pulled Chicken on a Bun Cole Slaw Potato Chips	Split Pea Soup Crackers Bologna & Cheese on a Roll Pickle Spear	Breaded Chicken on a Bun Tater Tots Lettuce & Tomato	Sloppy Joe on a Roll on a Roll Potato Chips	Tomato Soup Grilled Cheese Sandwhich Home fried Potatoes	Corn Chowder Oyster Crackers Tunafish Sandwich Three Bean Salad	Macaroni & Cheese with Ham Crumb Topping Stewed Tomatoes
Ice Cream Sundaes 4oz milk	Yellow Cake with Carmel Topping 4oz milk	Fruited Jell-O 4oz milk	Apple Cake 4oz milk	Brownie 4oz milk	Cookies 4oz milk	Fresh Cantalope 4oz milk
<b>Alternate Choice:</b> Open Face Turkey Sandwich Mashed Potatoes Green Beans	Soup Egg Salad Plate Lettuce & Tomato Dinner Roll	Franks & Beans Roll & Butter	Fish Sandwich Mashed Potatoes Carrots	Soup Burger Potato Chips Pickle Spear	Chowder Ham & Cheeese Sandwich on wheat	Breaded Chicken Sandwich Lettuce & Tomato Potato Chips

Fall / Winter Menu

Week 3

2017 / 2018

ALWAYS AVAILABLE IN THE KITCHENETTE:

Regular & Sugar Free Cookies & Crackers; Yogurt; Ice Cream; Cereal & Milk; Bananas; Oranges; Peanut Butter & Jelly Sandwiches; 100 Cal Mousse Cups