

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST						
Fruit Yogurt Fruit Cup	Scrambled Egg with Biscuit Jelly & Margarine Orange Wedge	Egg Nog French Toast Butter & Syrup Cinnamon Sugar Garnish	Scrambled Eggs Corn Muffin Butter & Jelly Fruit Yogurt Hot or Cold Cereal	Blueberry Pancakes Sausage Butter & Syrup Orange Ring Hot or Cold Cereal	Roasted Veg & Cheese Frittata Wheat Toast Peach Slice	Waffles & Apples Butter & Syrup
Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
Assorted Juices 8oz Milk	Assorted Juices 8oz Milk	Assorted Juices 8oz Milk	Assorted Juices 8oz Milk	Assorted Juices 8oz Milk	Assorted Juices 8oz Milk	Assorted Juices 8oz Milk
LUNCH						
Smoked Ham Roasted Sweet Potato Buttered Peas Bread & Butter	Salisbury Steak Baked Potato with Sour Cream Buttered Corn	Chicken Alfredo over Bowtie Pasta Garden Side Salad Garlic Bread Stick	Baked Lasagna roll up Green Beans & mushrooms Roll & Butter	BBQ Chicken on the bone Corn Bread Baked Beans	Beer Battered Cod Corn on the Cob Cole Slaw Roll & Butter	Turkey Stew Buttermilk Biscuit
Peanut Butter Pie 4oz milk	Ice Cream Sundaes 4oz milk	Peaches & Cream 4oz milk	Chocolate Bread Pudding 4oz milk	Carrot Cake 4oz milk	Mandarin Oranges 4oz milk	Pumpkin Pie 4oz milk
Alternate choice:						
Veal Patty & Gravy Mashed Potatoes Green Beans	Cantelloni Broccoli	Riblet Burger Potato Chips Seasoned Carrots	Sausage & Pepper on a Roll Potato Chips	Stuffed Pepper Mashed Potatoes Green Beans	Southern Fried Chicken Mashed Potatoes Green Beans	Broccoli Quiche Mashed Potatoes Carrots
DINNER						
Tuna Salad Plate Lettuce & Tomato Roll Butter	Italian Wedding Soup Crackers Grilled Cheese Sandwhich Potato Chips	Two Mini Burgers Lettuce & Tomato Home Fries Ketchup	Potato Cheddar Soup Grilled Ham & Cheese Sandwich Potato Chips Pickle Spear	Grilled Cornbeef & Cheese on Rye Potato Pancakes Ketchup	Shrimp Bisque Oyster Crackers Chicken Salad on Roll Pasta Salad	Two Chicken Sliders Sweet Potato Chips Pickle Spear
Fruit Cocktail 4oz milk	Ambrosia 4oz milk	Cinnamon Pears 4oz milk	Fruited Jello 4oz milk	Pumpkin Pudding Tart 4oz milk	Ice Cream 4oz milk	Peaches & Cream 4oz milk
Alternate choice:						
Cheese Burger Lettuce & Tomato Maccroni Salad	Soup B.B.Q. Chicken on a Bun Potato Chips	Egg & Cheese on Croissant Home Fries	Franks & Beans Roll & Butter	Chicken Patty on a Roll Potato Chips Pickle Spear	Bisque Grilled Cheese & Tomato Sandwich Potato Chips Pickle Spear	Grilled Ham & Cheese Sandwich Potato Chips Pickle Spear

Fall / Winter Menu

Week 4

2017 / 2018

ALWAYS AVAILABLE IN THE KITCHENETTE:

Regular & Sugar Free Cookies & Crackers; Yogurt; Ice Cream; Cereal & Milk; Bananas; Oranges; Peanut Butter & Jelly Sandwiches; 100 Cal Mousse Cups